

Parent Relationship Tool



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**Are all parents and co-parents
recorded on the assessment?**

**Are both parents recorded
on the assessment?**



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**Where does each
parent/co-parent live?**



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**Are parents separated?
If so do either have a
current partner?**



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Who has Parental Responsibility (PR)?

[https://www.gov.uk/parental-rights-responsibilities/
what-is-parental-responsibility](https://www.gov.uk/parental-rights-responsibilities/what-is-parental-responsibility)



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**How often does each Parent have
contact with their child(ren)?
Who cares for the Child(ren)?**



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**Are all parents aware of
the assessment
and give information
sharing consent?**



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When considering the child's environment and adult's capacity as a parent have you considered the quality of the couple relationship?



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**How much time do
you spend together?**



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**What do you enjoy
doing together?
As a Couple? As Parents?**



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**What do you do when
times are hard?
Ignore it? Talk about it?
Work together?**



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**How do you agree
who is having
time off?**



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**What do you do
when life is good?**



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CHILDREN'S CENTRE

**How easy is it for you and
your partner to apologise
to each other?**



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CHILDREN'S CENTRE

**Is there anything you
would like to work on
within your relationship?**



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**Practitioners prompts –
consider body language,
non-verbal behaviour
and eye contact.**



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Relate

<https://www.relate.org.uk/>

oneplusone

<http://www.oneplusone.org.uk/>

TheCoupleConnection.net

provides tools, activities, quizzes, exercises and courses to help couples improve and strengthen their relationship

Relationships – mum

<http://relationships.netmums.com/menu>

or

Relationships – dad

<http://relationships.dad.info/menu>

– provides a free online evidence-based service for new parents. It consists of articles, exercises and courses to help couples during their transition to parenthood.



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